CATERING MENU

GROUNDSWELL cafe

Please be sure to ask our Catering and Events Coordinator about dietary substitutions we have available.

BREAKFAST

BREAKFAST BUFFET

Available: 7:00–10:45 AM

$14.95 per person

Select 4:

__ Egg Bake (Iowa/veggie/all meat)
__ Bacon
__ Sausage
__ French Toast
__ Roasted Potatoes
__ Fresh Cut Fruit
__ Greek Yogurt

BREAKFAST BOXED MEALS

Available: 7:00 to 10:45 AM

$13.95 per person

Served with choice of side

__ Iowa Farmers Breakfast Sandwich/Wrap
__ Philly Breakfast Sandwich/Wrap
__ Breakfast Burrito

BREAKFAST SIDES

○ Fruit
○ Roasted Potatoes

LUNCH

LUNCH BUFFET

Available: 11:00 AM–2:00 PM

$14.95 per person

(Select up to 3 sandwiches and up to 2 sides)

__ CR Deli Turkey
__ CR Deli Ham
__ CR Deli Roast Beef
__ Kingston BLT

LUNCH BUFFET SIDES

__ Side Salad with Ranch and Balsamic Vinaigrette
__ Coleslaw
__ Potato Chips
__ Fresh Cut Fruit

BOXED LUNCHES

Available: 11:00 AM–2:00 PM

$13.95 per person

Served with choice of side unless stated otherwise

__ Kingston BLT
__ Breakfast Burrito
__ CR Deli Turkey
__ CR Deli Ham
__ CR Deli Roast Beef
__ Apple Pecan Salad *(no side)*
__ Avocado Bowl *(no side)*
__ Chicken Caesar Salad *(no side)*

BOXED LUNCH SIDES

__ Potato Chips
__ Fresh Cut Fruit

DINNER

DINNER BUFFET

Available: 3:00–11:00 PM

Prices below are per person.

APPETIZERS

__ Chicken Salad Croissants – $4.50
__ Meatballs with Cranberry Glaze or BBQ or Marinara – $2.50
__ Beef & Gouda Puff Pastry – $3.00
__ Pin Wheels – $2.75
__ Whipped Ricotta on Crostinis – $1.50
__ Stuffed Mushrooms – $2.75
__ Veggies & Hummus – $2.50
__ Caprese Skewers – $3.25

ENTREES

__ Rosemary Chicken – $10.75
__ Beef Medallions with Red Demi Glace – $21.50
__ Risotto Primavera – $7.25
__ Roast Beef – $14.75
__ Chicken Picatta – $12.75
__ Dijon Salmon – $12.50
__ Chipotle Orange Glazed Pork Chops – $9.00
__ Glazed Ham – $8.00
__ Herb Butter Turkey – $8.00
__ Holiday Special – $16.00
__ Pasta Bar – $16.00
__ Taco Bar – $13.50

DINNER SIDES

__ Mac & Cheese – $2.00
__ Mashed Potatoes – $2.00
__ Green Beans – $2.00
__ Roasted Vegetables – $2.00
__ Garden Salad – $2.00
__ Fresh Cut Fruit – $2.50
__ Rolls – $1.00/person

EXTRAS

DESSERTS

__ Bread Pudding – $4.95/person

PASTRIES

__ 1 Dozen Baked Goods – $25.00
__ 2 Dozen Baked Goods – $40.00

DRINKS

__ Lemonade __ Coffee __ Iced Tea __ Bottled Water
__ Wine __ Beer __ Soda __ Orange Juice

Groundswell Cafe

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