

CATERING MENU



GROUND SWELL
cafe



Please be sure to ask our Catering and Events Coordinator about dietary substitutions we have available.

BREAKFAST BREAKFAST BUFFET

Available: 7:00-10:45 AM

\$14.95 per person

Select 4:

- ☐ Egg Bake (Iowa/veggie/all meat)
- ☐ Bacon
- ☐ Sausage
- ☐ French Toast
- ☐ Roasted Potatoes
- ☐ Fresh Cut Fruit
- ☐ Greek Yogurt

BREAKFAST BOXED MEALS

Available: 7:00 to 10:45 AM

\$13.95 per person

Served with choice of side (fruit or roasted potatoes)

- ___ Iowa Farmers Breakfast Sandwich/Wrap
- ___ Philly Breakfast Sandwich/Wrap
- ___ Breakfast Burrito
- ___ Hummus Toast

EXTRAS DESSERTS

- ☐ Bread Pudding - \$4.95/person
- ☐ Cheesecake - \$5.00/person

DRINKS

- ☐ Soda
- ☐ Lemonade
- ☐ Coffee
- ☐ Orange Juice
- ☐ Iced Tea
- ☐ Bottled Water
- ☐ Beer
- ☐ Wine

PASTRIES

- ☐ 1 Dozen Baked Goods - \$22.00
- ☐ 2 Dozen Baked Goods - \$40.00

LUNCH LUNCH BUFFET

Available: 11:00 AM-2:00 PM

\$14.95 per person

(Select up to 4 sandwiches and up to 2 sides)

- ☐ Chicken Caesar Wrap
- ☐ Kingston BLT
- ☐ Tuna Salad Sandwich
- ☐ CR Deli Turkey
- ☐ CR Deli Ham
- ☐ CR Deli Roast Beef
- ☐ CR Deli Chicken

SIDES

- ☐ Side Salad with Ranch and Balsamic Vinaigrette
- ☐ Coleslaw
- ☐ Potato Chips
- ☐ Fresh Cut Fruit

BOXED LUNCHES

Available: 11:00 AM-2:00 PM

\$13.95 per person

Served with choice of side unless stated otherwise (chips or coleslaw)

- ___ Chicken Caesar Wrap
- ___ Kingston BLT
- ___ Tuna Salad Sandwich
- ___ CR Deli Turkey
- ___ CR Deli Ham
- ___ CR Deli Roast Beef
- ___ CR Deli Chicken
- ___ Strawberry Poppy Seed Salad (no side)
- ___ Strawberry Rhubarb Salad (no side)
- ___ Chicken Bacon Ranch Salad (no side)

DINNER DINNER BUFFET

Available: 3:00-11:00 PM

APPETIZERS

- ☐ Chicken Salad Croissants - \$4.50/person
- ☐ Meatballs with Cranberry Glaze or BBQ or Marinara - \$2.50/person
- ☐ Beef & Gouda Puff Pastry - \$3.00/person
- ☐ Pin Wheels - \$2.75/person
- ☐ Whipped Ricotta on Crostinis - \$1.50/person
- ☐ Stuffed Mushrooms - \$2.75/person
- ☐ Veggies & Hummus - \$2.50/person
- ☐ Caprese Skewers - \$3.25/person

ENTREES

- ☐ Rosemary Chicken - \$10.75/person
- ☐ Beef Medallions with Red Demi Glace - \$21.50/person
- ☐ Risotto Primavera - \$7.25/person
- ☐ Roast Beef - \$14.75/person
- ☐ Chicken Picatta - \$12.75/person
- ☐ Dijon Salmon - \$12.50/person
- ☐ Chipotle Orange Glazed Pork Chops - \$9.00/person
- ☐ Glazed Ham - \$8.00/person
- ☐ Herb Butter Turkey - \$8.00/person
- ☐ Holiday Special - \$16.00/person
- ☐ Pasta Bar - \$16.00/person
- ☐ Taco Bar - \$13.50/person

SIDES

- ☐ Mac & Cheese - \$2.00/person
- ☐ Mashed Potatoes - \$2.00/person
- ☐ Green Beans - \$2.00/person
- ☐ Roasted Vegetables - \$2.00/person
- ☐ Garden Salad - \$2.00/person
- ☐ Fresh Cut Fruit - \$2.50/person
- ☐ Rolls - \$1.00/person

Groundswell Cafe

319-200-2794 • 201 Third Ave. SW, Cedar Rapids, IA • GroundswellCafe.org • Facebook & Instagram: @crgroundswell