DINE-IN CATERING

Host your event at Groundswell and cater with us! Email us to get started at groundswell@hub25.org or by calling us at 319-362-2214.

BREAKFAST • 7-11 AM

Groundswell Cafe offers a buffet-style breakfast spread for groups of 12 or more individuals for \$12.50 per person.

Coffee or juice is also included.

CHOOSE FOUR:

Egg Bake or Quiche
Bacon or Sausage
Breakfast Potatoes
Fruit Salad
Yogurt and Granola
Assorted Baked Goods

LUNCH • 11 AM-2 PM

Talk to our event coordinator to see if plated or family-style option is best for your group, as well as current catering menu selections.

Vegan/gluten-friendly options available by request.

PLATED • \$12 PER PERSON

Sandwich with a Side and Chips Signature Salad with a Baguette Slice

FAMILY-STYLE PLATTERS • \$10 PER PERSON

Half-Sandwich Platters, Chip Bowl (Vegan/gluten-friendly options available)
Family-Style Signature Salad Bowls



If you have a catering idea or request not mentioned here, please reach out!
We'd love to discuss your ideas and see if it is a request we can fulfill.
Catering orders will have a 15% service fee added to support the
Pay-it-Forward Fund and sustainability efforts.

TAKE-OUT OR DELIVERED CATERING

For group orders of 12 or more, Groundswell Cafe can provide catering for your off-site events! Orders can be picked up, or we can deliver within three miles of the Cafe with a \$150 minimum plus \$10 delivery fee. Please consult with our event coordinator for breakfast or lunch options.

BREAKFAST · 7-11 AM

Breakfast Sandwich or Wrap • \$8 per person
French Toast • \$8 per person
Breakfast Potatoes • \$25, feeds 10-12











LUNCH • 11 AM-2 PM

BOXED LUNCHES • \$12 PER PERSON

Sandwich with a Side and Chips Signature Salad with a Baguette Slice

FAMILY-STYLE PLATTERS • \$10 PER PERSON

Half-Sandwich Platters, Chip Bowl (Vegan/gluten-friendly options available)
Family-Style Signature Salad Bowls

BAKED GOODS • \$2.50 EACH, \$25/DOZEN

Add a touch of sweetness to your catering during breakfast or lunch! Baked goods include scones, muffins, cookies, or other options. Please order at least 10 days prior to your event to ensure your order can be fulfilled.

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Groundswell Cafe • 319-362-2214 201 Third Ave. SW, Cedar Rapids, IA GroundswellCafe.org

