

DINE-IN CATERING

Host your event at Groundswell and cater with us! Email us to get started at groundswell@matthew-25.org or call us at 319-362-2214.

BREAKFAST • 7-10:45 AM

Groundswell Cafe offers a hearty buffet-style breakfast spread for groups of 12 or more individuals.

BREAKFAST BUFFET • \$13.95 PER PERSON*

The buffet may include (pick 4):

- Egg Bake
- Bacon or Sausage
- Breakfast Potatoes
- Fruit Salad
- Greek Yogurt
- House-made Granola
- Coffee and OJ

LUNCH • 11 AM-2 PM

Talk to our event coordinator about additional catering lunch buffet options. Vegan/gluten-friendly options are available by request.

LUNCH BUFFET • \$13.95 PER PERSON*

The buffet includes a selection of side salads, coleslaw and potato chips along with your choice of sandwich platters (pick 4):

- Northwest Deli Sandwiches with Roast Beef, Chicken or Ham
- Iowa's Best BLT
- The Vegan Wrap
- The Chicken Caesar Wrap



*All catering invoices will be subject to a 20% gratuity. 100% of gratuities go directly to the Groundswell Pay-it-forward fund, which helps to provide free meals for our customers who are food insecure.

TAKE-OUT OR DELIVERED CATERING

For group orders of 12 or more, Groundswell Cafe can provide catering for your off-site events! Orders can be picked up, or we can deliver within three miles of the Cafe with a \$100 minimum plus \$10 delivery fee. Please consult with our event coordinator for breakfast or lunch options.

BREAKFAST • 7-10:45 AM

BREAKFAST BOXES • \$9.49 PER PERSON

Your choice of:

- Breakfast Sandwich or Wrap
- Breakfast Burrito
- Avocado Toast



LUNCH • 11 AM-2 PM

BOXED LUNCHES • \$13.95 PER PERSON

Choose any one of the following sandwiches with side of potato chips or a side of coleslaw or salads (no side):

- Northwest Deli Sandwiches with Roast Beef, Chicken or Ham
- Iowa's Best BLT
- Chicken Caesar Wrap
- The Vegan Wrap
- Sweet Peanut Apple Pear Salad
- Southwest Avocado Bowl

BAKED PASTRY AND COOKIE PLATTERS

7 AM-2 PM

ONE DOZEN \$15, TWO DOZEN \$30

Add a touch of sweetness to your catering during breakfast or lunch!

Baked goods include scones, muffins, cookies, or other options.

If you have a catering idea or request not mentioned here, please reach out! We'd love to discuss your ideas and see if it is a request we can fulfill.



GROUNDSWELL
cafe

Groundswell Cafe • 319-362-2214
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GroundswellCafe.org

@crgroundswell