

# CATERING MENU



GROUNDSWELL  
cafe



Please be sure to ask our Catering and Events Coordinator about dietary substitutions we have available.

## BREAKFAST BREAKFAST BUFFET

Available: 7:00-10:45 AM

\$14.95 per person

### Select 4:

- Egg Bake (Iowa/veggie/all meat)
- Bacon
- Sausage
- French Toast
- Roasted Potatoes
- Fresh Cut Fruit
- Greek Yogurt

## BREAKFAST BOXED MEALS

Available: 7:00 to 10:45 AM

\$13.95 per person

Served with choice of side (fruit or roasted potatoes)

- \_\_\_ Iowa Farmers Breakfast Sandwich/Wrap
- \_\_\_ Philly Breakfast Sandwich/Wrap
- \_\_\_ Breakfast Burrito
- \_\_\_ Hummus Toast

## EXTRAS DESSERTS

- Bread Pudding - \$4.95/person
- Cheese Cake - \$4.00/person

## DRINKS

- Soda
- Lemonade
- Coffee
- Orange Juice
- Iced Tea
- Bottled Water
- Beer
- Wine

## PASTRIES

- 1 Dozen Baked Goods - \$22.00
- 2 dozen baked goods - \$40.00

## LUNCH LUNCH BUFFET

Available: 11:00 AM-2:00 PM

\$14.95 per person

(Select up to 4 sandwiches and up to 2 sides)

- Chicken Caesar Wrap
- Kingston BLT
- Tuna Salad Sandwich
- CR Deli Turkey
- CR Deli Ham
- CR Deli Roast Beef
- CR Deli Chicken

## SIDES

- Side Salad with Ranch and Balsamic Vinaigrette
- Coleslaw
- Potato Chips
- Fresh Cut Fruit

## BOXED LUNCHES

Available: 11:00 AM-2:00 PM

\$13.95 per person

Served with choice of side unless stated otherwise (chips or coleslaw)

- \_\_\_ Chicken Caesar Wrap
- \_\_\_ Kingston BLT
- \_\_\_ Tuna Salad Sandwich
- \_\_\_ CR Deli Turkey
- \_\_\_ CR Deli Ham
- \_\_\_ CR Deli Roast Beef
- \_\_\_ CR Deli Chicken
- \_\_\_ Strawberry Poppy Seed Salad (no side)
- \_\_\_ Strawberry Rhubarb Salad (no side)
- \_\_\_ Chicken Bacon Ranch Salad (no side)

## DINNER DINNER BUFFET

Available: 3:00-11:00 PM

## APPETIZERS

- Chicken Salad Croissants - \$4.50/person
- Meatballs with Cranberry Glaze or BBQ or Marinara - \$2.50/person
- Beef & Gouda Puff Pastry - \$3.00/person
- Pin Wheels - \$2.75/person
- Whipped Ricotta on Crostinis - \$1.50/person
- Stuffed Mushrooms - \$2.75/person
- Veggies & Hummus - \$2.50/person
- Caprese Skewers - \$3.25/person

## ENTREES

- Rosemary Chicken - \$10.75/person
- Beef Medallions with Red Demi Glace - \$21.50/person
- Risotto Primavera - \$7.25/person
- Roast Beef - \$14.75/person
- Chicken Picatta - \$12.75/person
- Dijon Salmon - \$12.50/person
- Chipotle Orange Glazed Pork Chops - \$9.00/person
- Glazed Ham - \$8.00/person
- Herb Butter Turkey - \$8.00/person
- Holiday Special - \$16.00/person
- Pasta Bar - \$16.00/person
- Taco Bar - \$13.50/person

## SIDES

- Mac & Cheese - \$2.00/person
- Mashed Potatoes - \$2.00/person
- Green Beans - \$2.00/person
- Roasted Vegetables - \$2.00/person
- Garden Salad - \$2.00/person
- Fresh Cut Fruit - \$2.50/person
- Rolls - \$1.00/person

Groundswell Cafe

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