

DINE-IN CATERING

Groundswell Cafe offers a hearty buffet-style breakfast spread.

BREAKFAST BUFFET

Available from 7:00 to 10:45 AM
(Pick 4) - \$14.95 per person*

- Egg Bake
- Bacon or Sausage
- Breakfast Potatoes
- Fruit Salad
- Greek Yogurt
- House-made Granola
- Coffee and OJ

LUNCH BUFFET SANDWICHES

Available from 11:00 AM to 2:00 PM
(Pick 4) - \$14.95 per person*

The buffet includes two sides of your choice.

- Vegan Wrap
- Kingston BLT
- Club Sandwich
- Cedar Rapids Deli Turkey
- CR Deli Ham
- CR Deli Roast Beef
- CR Deli Chicken

Talk to our event coordinator about additional catering lunch buffet options. Vegan/gluten-friendly options are available by request.



If you have a catering idea or request not mentioned here, please reach out! We'd love to discuss your ideas and see if it is a request we can fulfill.

*Great food, greater purpose. We add a 20% service charge to all catering, and every dollar of it goes to our Pay-It-Forward Fund which helps provide free meals to our neighbors with food insecurity.

Host your event at Groundswell and cater with us!

Email us to get started at:
catering@matthew-25.org
or call us at 319-200-2794.



LUNCH BUFFET SIDES

(Pick 2)

- Side Salad with Ranch and Balsamic Vinaigrette
- Coleslaw
- Potato Chips
- Cookies

TAKE OUT OR DELIVERED CATERING

Off-site catering is available for pickup or delivery within a five-mile radius of Groundswell. Orders inside this area will incur a \$10 delivery fee. Additional fees for deliveries over 5 miles will be assessed based on distance and order quantity. Please consult with our event coordinator for breakfast, lunch or dinner options. Buffet-style is also available for take out/delivery.

BREAKFAST BOXED MEALS

Available from 7:00 to 10:45 AM
\$12.95 per person

- Iowa Farmers Breakfast Sandwich/Wrap (with side)
- Philly Breakfast Sandwich/Wrap (with side)
- Breakfast Burrito (with side)
- Avocado Toast (with side) -- \$8.95



BOXED LUNCHES

Available from 11:00 AM to 2:00 PM
\$13.95 per person

Choose any one of the following sandwiches with side of potato chips or a side of coleslaw or salads (no side).

- Vegan Wrap
- Kingston BLT
- Club Sandwich
- Cedar Rapids Deli Turkey
- CR Deli Ham
- CR Deli Roast Beef
- CR Deli Chicken
- Blue Berry Goat Cheese Salad
- Avocado Bowl
- Chef Salad
- Chicken Caesar Salad



BAKED PASTRY PLATTER

One Dozen \$22.00
Two Dozen \$40.00

Add a touch of sweetness to your catering during breakfast or lunch! Baked goods include scones, muffins, cookies, or other options. Gluten-friendly options also available.



GROUND SWELL
cafe

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