

Pledge of Neighborliness

This initiative is to promote neighborliness in the Time Check area. Only 3 out of 10 people across America say they know their neighbors. Why should we know our neighbors? Knowing our neighbors creates safer and healthier communities, which is what the Healthy Time Check initiative aims to do.

I, _____ (referred to as Front Yard Club Member) pledge to uphold the responsibilities outlined below:

Pledges of all **Front Yard Club Members**:

- Foster a welcoming front yard
- Make time in your week to be in your front yard
- Place your front yard club sign in your front yard
- Be a steward for the health and safety of your neighborhood
- Join the Facebook Group, Healthy Time Check, and interact with other neighbors (optional)
- Have fun!

Pledges of the **Garden Bed Owner**:

- Weed and water your garden bed once per week (or as necessary)
- Grow your garden without harmful chemicals (we can help!)

Pledges of the **Fruit Tree Owner**:

- Water your fruit tree twice per month (or as necessary)
- Keep your tree pruned (we can help!)

Pledges of **Matthew 25**:

- Foster a community space through the Facebook Group, Health Time Check, where neighbors can interact and learn from each other
- Provide garden beds or fruit trees for neighbors to start their own gardens
- Provide gardening guidance
- Listen to residents' ideas for a healthier Time Check Area
- Connect business owners and residents to promote holistic health throughout Time Check

By signing this document I agree to participate in Front Yard Club and the guidelines listed above.

Signed _____ Date_____

RELEASE OF ALL CLAIMS

For and in consideration of the mutual promises and agreements set forth in Pledge of Neighborliness, executed on _____ (Date) by and between _____ (Front Yard Club Member), and Matthew 25, located at 201 Third Avenue SW, Cedar Rapids, IA 52404, said Front Yard Club Member does hereby forever release and forever discharge Matthew 25 and all of its representatives from all claims.

As used in this Release of All Claims, the term "Representatives" means all past and present officers, directors, employees, volunteers, agents, attorneys, and others, in their individual capacities, as well as any corporate capacity, acting on behalf of Matthew 25.

As used in this Release of All Claims, the term "All Claims" means every cause of action, claim for relief, suit or right to payment or other performance, for all time, for which liability would be imposed or relief would be granted in any legal or equitable action or proceedings, whether such cause of action, claim for relief, suit or right to payment or other performance be sustainable or groundless, known or unknown, asserted or unasserted, developed or undeveloped, liquidated or unliquidated, contingent or absolute, several, joint, or joint and several, offensive or defensive, or reduced to judgment or not; and whether such claim, cause of action, claim for relief, judgment, suit or right to payment or other performance be in contract, quasi contract, restitution, or in tort, or for breach of regulatory or statutory duty, or for breach of any other kind of duty whatsoever.

This Release of All Claims shall be construed as broadly as possible against the undersigned Front Yard Club Member and in favor of Matthew 25 so as to forever release and forever discharge Matthew 25 and its Representatives to the broadest and maximum extent permitted by law in accordance with the mutual intentions of the undersigned Front Yard Club Member and Matthew 25.

The Front Yard Club Member agrees that no promises have been made to him or her that are not expressly written in this Release. By signing this Release, the Front Yard Club Member is not relying on any statement or representation made by Matthew 25 or by any of Matthew 25's agents, employees, or attorneys. The Front Yard Club Member is only signing this after considering whether to do so in his or her own judgment or after having obtained the advice of an independent attorney.

The Front Yard Club Member further warrants that s/he is at least 18 years of age and legally competent to execute this Release. The Front Yard Club Member further represents that s/he has read this Release fully, asked any questions s/he may have had, and understood the legal effects of it before s/he voluntarily signed this document.

I have read and understood this Release of All Claims and agree to its terms.

Front Yard Club Member

Date